ABSTRACT

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The Effect Of Self-Efficacy And Interpersonal Communication On Speaking Anxiety In Public Of The Young Lecturers.
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Speaking anxiety in public is threatened, unpleasant feeling followed by a physical and psychological reaction due to anxiety to adjust or deal with situations when speaking in public. One of some factors support the level of speaking anxiety is the low level of self-efficacy characterized by the lack of confidence in the self-ability when conveying information in public. Besides, the high anxiety in speaking is also caused by low level of interpersonal communication, the inability to express desires, feelings and express what inside is in the individual. This study aims to test whether there is an effect and how much the effect of self-efficacy and interpersonal communication to public speaking anxiety by young lecturers. Hypothesis testing in this study used multiple regression. Based on the result of multiple regression analysis, it is known that there is self-efficacy effect of 34.3% to the public speaking anxiety at young lecturers, also there is an effect of interpersonal communication of 19.8% to the public speaking anxiety at young lecturers, and there is an effect of both jointly to the public speaking anxiety at young lecturers of 38.3%.