

**DESCRIPTIVE STUDY THE DESCRIBE OF QUARTER LIFE CRISIS IN
THE UNWORK MILENIAL GENERATION**

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ABSTRACT

This research is a descriptive study to empirically describe the quarter life crisis in the millennial generation that doesn't work, whether it's in the generation that hasn't worked or is not working, both the millennial generation who have never worked and those who are not working. Both have different descriptions of crises with different causes, things related to jobs and career gains. This research uses quantitative methods. The sampling technique used in this research is purposive sampling. The sample for this research included 170 people who are millennials in the age range from 23 to 43 years and domiciled in Jabodetabek. The quarter life crisis data measurement uses an adaptation scale compiled by Sumartha (2020) based on quarter-life crisis aspects presented by Robbins and Wilner (2001) and also modified by expert judgment. From the results of this study, it is known that the describe of the quarter life crisis in the generation of millennials who have never worked and who have not already worked is in the high category.

Keyword : *Quarter Life Crisis, Emerging Adulthood, Generasi Milenial*