THE EFFECT OF SELF EFFICACY ON CAREER MATURITY IN FINAL YEAR STUDENTS

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ABSTRACT

Final-year students often experience a mismatch between their major and their desired job, which increases the risk of unemployment among graduates. This occurs due to low career maturity among final-year students. One of the influencing factors is self-efficacy, which is the belief in one's ability to organize and carry out the actions necessary to achieve goals. This study aims to examine the effect of self-efficacy on career maturity among final-year students. This study uses a quantitative approach. The respondents in this study were 100 students aged 21-25 years who were in their final year. The measuring instruments used in this study were self-efficacy and career maturity scales in the form of questionnaires. Self-efficacy was measured using the General Self-Efficacy (GSE) scale. Career maturity was measured using the CMI form C (Career Maturity Inventory form C) scale. The sampling technique used in this study was non-probability convenience sampling. The data analysis technique used in this study was a simple regression test conducted using the Statistical Product and Service Solutions (SPSS) for Windows version 22 data processing application program.

Keywords: Self-Efficacy, Career Maturity, Final Year Students