

**POST-TRAUMATIC GROWTH IN ADOLESCENTS  
VICTIMS OF TOXIC RELATIONSHIP  
(QUANTITATIVE DESCRIPTIVE STUDY)**

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**ABSTRACT**

*The phenomenon of toxic relationships can prevent teenagers from developing their potential. Post-traumatic growth can help teenagers to become better people than before they became victims of a toxic relationship. This research aims to determine the description of the post-traumatic growth process in adolescent victims of toxic relationships. The data collection technique in this research is purposive sampling. The sample in this study consisted of 112 teenage female respondents aged 18 to 21 years who had been or were still victims of toxic relationships, experienced physical and/or verbal violence. The post-traumatic growth inventory (PTGI) by Tedeschi and Calhoun was compiled based on aspects of post-traumatic growth. The data analysis technique in this research is quantitative descriptive. The results of this research show that respondents who carried out the post-traumatic growth process were included in the high category, meaning that adolescent victims of toxic relationships have achieved post-traumatic growth by improving interpersonal relationships, openness to new possibilities, more appreciation for life, increased a sense of personal power, and spiritual development.*

***Keywords: Post-Traumatic Growth, Adolescents, Toxic Relationship***

xi + 65 + Attachment