

## **ABSTRACT**

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### ***Therapeutic Communication of Doctors with Diabetes Patients in Building Life Spirit***

*Keywords: Therapeutic Communication, Doctor, Patient, Diabetes, Life Spirit, Narrative Theory Health.*

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*Therapeutic communication is a communication process aimed at improving the patient's life spirit. Therapeutic communication enhances interpersonal relationships with patients, including empathy and effective listening to patients' stories. With the right communication approach, patients will feel comfortable and empowered to face their illness. This study uses the Narrative Theory of Health as its theoretical framework, focusing on doctors' therapeutic communication with diabetes patients to help them accept their condition and build their life spirit. The research employs a qualitative phenomenological method within the constructivist paradigm. This study aims to explore the subjective experiences of doctors, nurses, and diabetes patients through in-depth interviews. Its primary focus is to understand how therapeutic communication from doctors positively influences self-acceptance. The results show that therapeutic communication conducted by doctors with diabetes patients has a significant impact. Patients feel more supported, heard, understand their condition better, and are motivated to undergo treatment.*

*References: (2001–2023)*