

## **ABSTRACT**

**Rara Nareswari Dewanti, 10830644**

### ***Analysis of Communication Patterns in Family Conflicts and Their Resolution Strategies***

*Keywords : Communication Patterns, Family Conflict, Conflict Resolution Strategies, Divorce*  
(xii + 122 + Attachment)

*Conflict in families experiencing divorce is a common phenomenon that often affects the communication dynamics among family members. This study aims to analyze communication patterns in divorced families and the conflict resolution strategies used to maintain harmony. The subjects of the research are divorced parents with children belonging to Generation Z (born between 1997-2012). This study employs a qualitative descriptive approach, with data collected through in-depth interviews and observations. The research utilizes Interaction Process Analysis Theory developed by Robert Bales. The findings indicate that communication patterns in divorced families are often ineffective, characterized by closed and aggressive communication. Closed communication leads to a lack of open dialogue and increases the potential for misunderstandings, while aggressive communication exacerbates conflicts and damages long-term relationships. However, it was also found that families that maintain open and respectful communication can be more effective in resolving conflicts and preserving harmony. Successful conflict resolution strategies include building empathy, actively listening, and creating space for open dialogue.*

*Bibliography (1986-2024)*